

# STYLE CRUIZE™

*An Officer and Gentle Woman, LLC*

>>  
**CHAPTER-32**

## Australian Marvel: Unveiling the Extraordinary Journey of Patricia Marilyn Worsfold

PUBLICIST: AN OFFICER AND GENTLEWOMAN, LLC  
PHOTOGRAPHER: LENNARD DEVLIN  
WARDROBE STYLIST: SHAYE STRAGER  
CREATIVE DIRECTOR: RAQUEL RILEY THOMAS



SEPTEMBER 2023  
FASHION & BEAUTY EDITION

# A U S T R A L I A





*Australian Marvel: Unveiling the  
Extraordinary Journey of Patricia  
Marilyn Worsfold*

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# ***PATRICIA MARILYN WORSFOLD ENTREPRENEUR, FITNESS EXPERT***

Q1: When and where were you born?

A1: I was born on May 21, 1985, in the vibrant city of Sydney, Australia.

Q2: What sports did you excel in during your upbringing?

A2: I displayed an innate passion for sports, excelling in swimming, sprinting, and soccer.

Q3: How long have you been involved in soccer?

A3: I have cherished my involvement in soccer for over two decades.

Q4: Where did you start your academic journey?

A4: I began my education at Harcourt Public School in Campsie, Australia.

Q5: Which secondary school did you attend?

A5: I continued my studies at Bethlehem College Ashfield, an esteemed independent Roman Catholic private secondary school for girls.

Q6: What role do you play at Doughboy Pizza?

A6: I oversee the general management of Doughboy Pizza, showcasing my managerial skills and determination.

Q7: How has your family influenced you?

A7: My family has instilled in me a strong sense of identity and values that have guided my journey.

Q8: What aspects of your heritage have shaped your perspective?

A8: My Mauritian Crèole background has undoubtedly shaped my perspective and approach to life.

Q9: Who is your fiancé?

A9: My fiancé is the 2x Emmy-winner, radio personality Ryan Cameron.

Q10: As a fitness expert, could you tell me about the types of workouts you incorporate into your routine?

A10: My fitness regimen is quite diverse and challenging. I include a mix of strength training and functional

exercises. A typical week might involve barbell deadlifts to work on my overall strength, squats to target

my lower body, and shoulder presses to enhance my upper body strength and stability. These compound

movements are essential for building a strong foundation and achieving a balanced physique.

Q11: How would you describe your fashion sense, Patricia?

A11: My fashion sense reflects my vibrant personality and diverse background. I love mixing elements

from different cultures, incorporating bold colors, and embracing both casual and elegant styles.





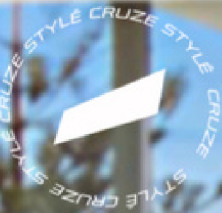




SPOTLIGHT  
STYLE CRUZE



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